

GENERAL POOL RULES

1. **The lifeguards are in charge.**
2. Everyone is required to **obey the lifeguards.**
3. **No glass allowed** on the pool deck.
4. **Absolutely no running.**
5. **No diving** in the Shallow (RACING) ends of the pool.
6. **Stay off of the starting blocks.**
7. **No rough play** on the deck or in the pool.
8. **No pushing** people into the pool.
9. **No cut offs** may be worn in the pool.
10. The **swim team equipment** is **off limits.**
11. **No alcoholic beverages allowed.**
12. **No smoking of any form allowed!!** This includes e-cigarettes and all vapor products.
13. **Proper swim attire** must be worn to use the pool.
14. **Inappropriate displays** of affection and profanity are not allowed.
15. **Do not spit or blow your nose** in the pool or on the deck.
16. **Do not sit on or play on steps** going into pool.